



DOT Cardiac Guidelines

Patient Name: _____ Date of Birth: _____

Provider: _____ Date of Physical: _____

The above named patient has reported a history of that occurred on: _____

- Myocardial Infarction Angina Pectoris
- Coronary Artery Bypass Surgery Angioplasty

To comply with DOT guidelines, this patient must have an exercise stress test before a DOT medical certificate can be issued. The patient must demonstrate a negative EST through Bruce Stage II. Please complete the following information:

1. Diagnosis (es):
2. Date of last treadmill: _____ Ejection Fraction: _____
***Need copy of treadmill**
3. Results:
4. Cardiology Clearance/restrictions:

Post myocardial infarction (MI) - - The wait time post incident is 8 weeks. Before return to driving, an echocardiogram that proves $\geq 40\%$ LV ejection fraction and a successful ETT must be documented.

Post angioplasty (PCI) - - One week wait time. An ETT is needed at between 3 and 6 months

Post coronary bypass (CABG) - - Wait time is 3 months. An echo proving that the LV ejection fraction is $\geq 40\%$. An ETT is no longer needed initially, but is required at the 5th anniversary and yearly thereafter.

Healthcare provider opinion: *In the interest of public safety the certifying medical examiner is required to certify that the driver does not have any physical, mental, or organic defect of such a nature as to affect the driver's ability to safely operate a commercial motor vehicle. Based on your knowledge of this individual's medical condition, in your opinion, do you feel this individual can safely operate a commercial motor vehicle?*

Please circle one: Yes No

Physician's signature: _____ Date: _____

Printed name: _____

Phone number: _____

Thank you for providing the above information. Please attach a copy of the requested results and fax this form and results to MedStat.



I authorize your office to release the above medical information to MedStat.

Patient Signature: _____ Printed name: _____